St Andrew's CE Primary School and Nursery Newsletter

Tower Hill, Much Hadham, Hertfordshire, SG10 6DL

Headteacher: Mrs Caroline Dimond **Tel:** 01279 842626

Email: admin@standrews236.herts.sch.uk

Website: www.standrews236.herts.sch.uk



13th November 2026

Our Home / School value this half term is:



Life in All its Fullness – Come and See

Remembrance Service



On Wednesday, the whole school joined together to remember those who gave their life to fight for their country. The children were very respectful and spent time peacefully reflecting on the sacrifice others made for our freedom today. We talked about our value of peace and how we all want to grow up in a world where peace is seen and cherished by everyone, including our leaders. The children also all created some remembrance art so that we could create a remembrance display in our worship space.





Remembrance around the school













A Remembrance Poem by Nephin, Bella, Violet and Penny in Year 6

Remember

Remember, remember who died and fought for us.

Remember , remember those who thrived before us.

Poppy, poppy what do you tell?

Many soldiers in battle fell.

Poppy, poppy what should we know?
That peace on earth should grow, grow, grow

Remember, remember the 11th of November

Y5 Tag Rugby



On Thursday, Year 5 travelled to Bishops Stortford Rugby Club, to take part in Birchwood Sports Partnership annual rugby festival.
The afternoon was bright, but chilly, but fortunately each of our three teams had plenty of rugby games to warm them up!



There were 20 teams of Year 5 and Year 6 children from 10 different primary schools participating.

Whilst the festival's primary aim is about having fun and enjoying the game of rugby, the children were really pleased with the efforts and I am pleased to report that of the 12 games that the children played, they only lost one of them!

As always, the children were great sporting ambassadors for St Andrew's with one referee commenting on the excellent sportsmanship and team spirit.



My grateful thanks to our Y5 parents who have encouraged and supported the children, and in particular our drivers to and from the event. Thank you also to Mrs Godfrey and Mrs Lane in helping manage the three different teams. Finally, a huge thank you to the children who played so well, they should feel very proud of their achievements.

Mrs Small



Celebrating Colour Day for Anti-Bullying Week
Friday 20th November 2026

We are excited to be celebrating a day of colour on Friday 20th November in recognition of Anti-Bullying Week. This special day is all about recognising and celebrating that we are all unique, different and special. The idea for the day came from one of our Y3 pupils, Wallis Jones, and we are delighted to bring her wonderful idea to life. Children are invited to wear one colourful item, such as bright socks, a colourful tie, a hair bow or a T-shirt, alongside their usual school uniform. We ask for a voluntary donation of £1, which will be donated to Wallis' choice of an animal shelter charity. Thank you for helping us celebrate kindness, inclusion and the things that make each of us special.



School Crossing Patrol



Please be aware that Jackie, our wonderful school crossing patrol lady, will not be working until the week commencing the 23rd November at the earliest. Please continue to be vigilant when crossing Tower Hill at drop off and pick up.



Year 6 Second-Hand Book Sale – Donations Needed!

Year 6 are getting ready to hold a second-hand book sale after school on **Wednesday 25th November**. They are hoping to collect donations of pre-loved books that are looking for a new home.

All money raised will go towards funding their end-of-primary-school celebrations in July. If you have any books at home that you no longer need, please consider donating them to support our Year 6 pupils. Every book donated will help make their final primary school celebrations extra special! There is a box outside the school office where all donations can be placed. Thank you for your support.

Every Day Counts





Well done to Alba in Year 5, who won our 'Every Day Counts' raffle, this week. She chose an 'own clothes day' as her prize.

Good luck to everyone for next week and remember you have to be in it to win it!

Attendance Data

Please find below the attendance data so far this academic year for each year group.

Year Group	Autumn 2 Week 1	Autumn 2 Week 2	Autumn 2 Week 3	Autumn 2 Week 4	Autumn 2 Week 5	Autumn 2 Week 6	Autumn 2 Week 7
Year N	89.7%	88.5%					
Year R	96.9%	96.2%					
Year 1	97.1%	97.2%					
Year 2	96.1%	95.6%					
Year 3	96.2%	95.9%					
Year 4	93.8%	93.5%					
Year 5	95.4%	95.5%					
Year 6	94.8%	95.0%					

New Phone Policy at St. Andrew's – September 2027

Smartphone-Free Childhood – Bishop's Stortford and Surrounding Villages

Dear Parents/Guardians,
We are writing to share an important update about our school's mobile phone policy, which will come into effect from **September 2027**.

As a group of local primary schools, we have agreed to work together to support a **smartphone-free childhood** and to align our approach with the commitment already being made by our local secondary schools.

From September 2027, **pupils will not be permitted to bring smartphones into school**. This is part of our shared commitment to creating a focused, social and supportive environment where children can learn, develop friendships and enjoy being children.

Smartphones are an important part of modern life and can be useful for staying connected. However, there is increasing evidence of the potential negative impact of early smartphone use on children.

Why are we making this change?

Research has shown the potential impact of smartphones on children includes:

- Poor mental health, including anxiety and low self-esteem.
- Issues with attention, concentration, sleep and online bullying.
- Exposure to harmful or inappropriate content and potentially dangerous individuals.
- The addictive nature of smartphones, which can reduce time spent playing, interacting face-to-face and developing important social skills.

We want children and young people to prioritise learning, friendships and real-world social interaction. By working together across local schools, we hope to reduce the social pressure families can feel to provide a smartphone at an increasingly young age.

What does this mean for your child?

- **From September 2027, children will not be allowed to bring or use smartphones in school.**
- Children in Years 5 and 6 who walk to or from school independently may bring a basic, non-smartphone for safety. These phones do not have internet access and are inexpensive.

We would encourage families to explore the resources available through **Smartphone Free Childhood**, including alternatives to smartphones for children who need to stay in contact with parents.

Thank you for your support as we work together across our local schools to help children stay safe, connected and able to enjoy childhood.

All Saints	**Little Hadham**	**St Andrews**
Avanti Brook	**Mandeville**	**St Josephs**
Avanti Meadows	**Manor Fields**	**St Michaels**
Fawbert & Barnard Infants	**Northgate**	**Summercroft**
Furneux Pelham	**Reedings**	**Thorley Hill**
High Wych	**Richard Whittington**	**Thorn Grove**
Hillmead	**Spellbrook**	**Windhill21**

Looking for a child-friendly phone?

The Stortford Smartphone Free Childhood team will be showcasing child friendly phones in Jackson Square on Sunday 15th November (10am-4pm at the top of the escalators).

As they gain more independence, child friendly phones are a great way to keep in contact with your child, without the need to give them a full smartphone.

Most of these phones are only available online so this is a good opportunity to have a look at them, and discuss pros and cons, before making any decisions. If you can't make this date but want to follow for future dates you can either join their Facebook page here or message them at sfcstortford@outlook.com.




STOP MEANS STOP
Campaign
STOP
from: 2nd November – 20th November 2026
School crossing patrols will be joining forces and working together across the East of England.
STOP MEANS STOP
THE SCHOOL CROSSING PATROL CROSSES EVERYONE!
It is a legal requirement to stop when the stop sign is displayed.
Safe crossings for a safer tomorrow

New School Dinner Menu

Please see below the new Winter School Dinner Weekly Menu



HCL

Winter Menu 26

WEEK 1: 1 Sept, 21 Sept, 12 Oct, 2 Nov, 23 Nov, 14 Dec, 4 Jan, 25 Jan, 22 Feb, 15 Mar • WEEK 2: 7 Sept, 28 Sept, 19 Oct, 9 Nov, 30 Nov, 11 Jan, 1 Feb, 1 Mar, 22 Mar • WEEK 3: 14 Sept, 5 Oct, 16 Nov, 7 Dec, 18 Jan, 8 Feb, 8 Mar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL 1	Pork Sausages & Gravy	Mexican Bean Burrito (v)	Roast Chicken with Stuffing & Gravy	Chicken Pie & Gravy	Fish Fillet Fingers
MAIN MEAL 2	Sweet Potato & Chickpea Curry (Ve)	Mac 'n' Cheese (v)	Roast Quorn Fillet with Stuffing & Gravy (Ve)	Breaded Bean & Vegetable Grill (Ve)	Margherita Pizza (v)
SIDE DISH	Mashed Potatoes or Brown & White Rice	Diced Potatoes or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Mashed Potatoes or Pasta	Chips or Tricolour Pasta
JACKET POTATO FIXED	Baked Beans (Ve)	Grated Cheese (v)	Cheese & Beans (v)	Grated Cheese (v)	Tuna Mayo
COLD OPTION FIXED	Salmon Mayo Baguette	Cheese Baguette (v)	Ham Baguette	Chicken Mayo Baguette	Egg Mayo Baguette (v)
DESSERT	Oat & Raisin Cookie (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Apple Crumble & Custard (v)	Chocolate Brick Wall (Ve)
MAIN MEAL 1	Chicken & Sweetcorn Meatballs with Sweet & Tangy Sauce	Chicken Curry	Roast Beef with Yorkshire Pudding & Gravy	Quorn Burger (v)	Battered Fish
MAIN MEAL 2	Sunshine Eggs with Baked Beans (v)	Cheese Pinwheel (v)	Quorn Pieces with Yorkshire Pudding & Gravy (v)	Veggie Bolognese (Ve)	Margherita Pizza (v)
SIDE DISH	Brown & White Rice or Potato Wedges	Brown & White Rice or Diced Potatoes	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Spaghetti	Potato Wedges or Tricolour Pasta
JACKET POTATO FIXED	Cheese & Beans (v)	Grated Cheese (v)	Tuna Mayo	Baked Beans (v)	Salmon Mayo
COLD OPTION FIXED	Tuna Mayo Baguette	Ham Baguette	Chicken Mayo Baguette	Cheese Baguette (v)	Egg Mayo Baguette (v)
DESSERT	Shortbread (Ve)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve)	Pear & Chocolate Sponge & Chocolate Custard	Jammy Cookie (Ve)
MAIN MEAL 1	Beef Bolognese	Quorn Hotdog (v)	Roast Chicken with Stuffing & Gravy	Beef Burger	Fish Fillet Fingers
MAIN MEAL 2	Vegan Quorn Sausage & Gravy (Ve)	Roasted Veg Lasagne (v)	Beany Pasta Bake (Ve)	Baked Bean Slice (Ve)	Margherita Pizza (v)
SIDE DISH	Spaghetti or Potato Wedges	Diced Potatoes or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Pasta	Chips or Tricolour Pasta
JACKET POTATO FIXED	Grated Cheese (v)	Baked Beans (Ve)	Cheese & Beans (v)	Grated Cheese (v)	Tuna Mayo
COLD OPTION FIXED	Tuna Mayo Baguette	Cheese Baguette (v)	Ham Baguette	Chicken Mayo Baguette	Egg Baguette (v)
DESSERT	Fresh Fruit Wedges (Ve)	Carrot Cake (v)	Fresh Fruit Jelly (Ve)	Apple Charlotte Pudding & Custard (v)	Chocolate Raisin Cookie (Ve)

HCL_Winter26_Hero_JacketFixed_ColdFixed

A variety of fruit, vegetables and salads are served daily.

V = Vegetarian Ve = Vegan

We are an Allergy Aware School

St Andrew's is an Allergy Aware school with no nuts. Please do not bring any foods containing nut or sesame into school (including pesto and hummus). Thank you.

Useful links

St Andrew's School Website... did you know?
We aim to make our school website a 'one stop shop' for information about our vibrant school.
https://standrews236.herts.sch.uk/

Here you can find information about your child's learning in all areas of the curriculum, a number of useful school policies, information about school uniform, upcoming events, links to outside school support and so much more! *If there is anything extra that you would like to see on our school website, do drop Mrs Dimond an email via the school office and we'll see what we can do.* Please find other useful links below:

Much Hadham Preschool
https://www.muchhadhampreschool.co.uk/

Amazon – Buy a Birthday Book Suggestion List

Nursery and Reception: https://amzn.eu/al6WYEG
Year 1 and Year 2: https://amzn.eu/fBRhfZI
Year 3 and Year 4: https://amzn.eu/jbNTsjQ
Year 5 and Year 6: https://amzn.eu/aQO9ylu



Arbor Payments
https://st-andrews-ce-primary-school-and-nursery.uk.arbor.education/?/

Hertfordshire Catering Ltd Special Dietary Menu Application (now called Citrus)
Allergies & Nutrition Information | HCL

Hertfordshire Catering https://www.hcl.co.uk/parents/primary-school

School Uniform
AVM Schoolwear: Schoolwear – AVM Workwear and Embroidery Ltd
E-squared/Top Form Uniform: About Us - Top Form Schoolwear

Second Hand Uniform – from Friends of St Andrew's school
Please email requests to : friendsofstandrewsmh@gmail.com

External/other links

Hertfordshire Free School Meals
https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx

DSPL Website
Developing Special Provision Locally (DSPL) 3 - Home

Hertfordshire Families First
www.hertfordshire.gov.uk/familiesfirst

Pharmacies First
How pharmacies can help - NHS

East Herts Council – Keeping Safe Online
Get Safe Online | The UK's leading Online Safety Advice Resource

School Diary Dates 2026-27

**** Parents and carers are invited to the events that are highlighted ****

Tuesday 17/11/2026 – Y1 Parents and Carers invited to worship 9.05am

Thursday 19/11/2026 – Young Shakespeare Visit for KS2

Wednesday 20/11/2026 – Flu Vaccination: 2nd session

Tuesday 24/11/2026 – YR Parents and Carers invited to worship 9.05am

Tuesday 24/11/2026 – Y4 Egyptian Day

Wednesday 25/11/2026 – Y6 Book Sale Fundraiser

Thursday 26/11/2026 – St. Andrew's Day Service in Church

Friday 27/11/2026 – Occasional Day (School Closed)

Monday 30/11/2026 – Decoration / Christmas Jumper Day

Tuesday 01/12/2026 – YN Parents and Carers invited to worship 9.05am

Friday 04/12/2026 – EYFS Nativity Carol Concert – 9.30am

Friday 04/12/2026 – Y5 Anglo-Saxon Day

Monday 7/12/2026 – Y6 Carol Service at St. Michael's Church, Bishop's Stortford, 6.40pm

Thursday 10/12/2026 – KS1 Nativity (afternoon 2.15pm and evening 5.30pm performance)

Tuesday 15/12/2026 – YR-Y6 Trip to the Pantomime, South Mill Arts, (afternoon)

Wednesday 16/12/2026 – School Christmas Lunch and Talent Show

Thursday 17/12/2026 – KS2 Carol Service in Church 9.30am (full uniform please)

Monday 10/05/2027 to Thursday 13/05/2026 - KS2 SATS Testing Week

Monday 17/05/2027 to Friday 21/05/2026 – Y6 Brenscombe Residential

**** PTA Events ****

Tuesday 01/12/2026 – EYFS/KS1 Christmas Film Night, School Hall, 3.15-5.30pm

Thursday 03/12/2026 – KS2 Christmas Film Night, School Hall, 3.15 – 5.30pm

Tuesday 08/12/2026 & Wednesday 09/12/2026 - Elfridges

October-November - School tea towel, coaster and Christmas card - sales

December Date TBC- Christmas hamper raffle

Term Dates for 2026/2027

Autumn Term 2026	
Tuesday, 1 September 2026	*Inset – school closed*
Wednesday, 2 September 2026	**Term begins**
Monday, 26 October - Friday 30 October 2026	Half term
Friday, 27 November 2026	*Occasional day – school closed*
Friday, 18 December 2026	**Term ends 2pm**
Spring Term 2027	
Monday, 4 January 2027	*Inset – school closed*
Tuesday, 5 January 2027	**Term begins**
Monday, 15 February to Friday, 19 February 2027	Half term
Thursday, 25 March 2027	**Term ends 2pm**
Summer Term 2027	
Monday, 12 April 2027	**Term begins**
Monday, 3 May 2027	**May Bank Holiday – school closed**
Monday, 31 May to Friday, 4 June 2027	Half term
Monday, 7 June 2027	*Inset – school closed*
Tuesday, 20 July 2027	**Term ends 2pm**
Wednesday, 21 July 2027	*Inset – school closed*
Thursday, 22 July 2027	*Inset – school closed*

Term Dates for 2027/2028

Autumn Term 2027	
Wednesday, 1 September 2027	*Inset – school closed*
Thursday, 2 September 2027	*Inset – school closed*
Friday, 3 September 2027	*Inset – school closed*
Monday, 6 September 2027	**Term begins**
Monday, 25 October - Friday 29 October 2027	Half term
Friday, 26 November 2027	*Occasional day – school closed*
Friday, 17 December 2027	**Term ends 2pm**
Spring Term 2028	
Tuesday, 4 January 2028	**Term begins**
Monday, 14 February to Friday, 18 February 2028	Half term
Friday, 31 March 2028	**Term ends 2pm**
Summer Term 2028	
Tuesday, 18 April 2028	**Term begins**
Monday, 1 May 2028	**May Bank Holiday – school closed**
Monday, 29 May to Friday, 2 June 2028	Half term
Monday, 5 June 2028	*Inset – school closed*
Tuesday, 6 June 2028	*Back to school*
Friday, 21 July 2027	**Term ends 2pm**
Monday, 24 July 2027	*Inset – school closed*

Local Events and Clubs

Much Hadham Drama Group

PRESENTS

THRZZZ's a Crowd

A wonderfully entertaining evening
of three one act plays

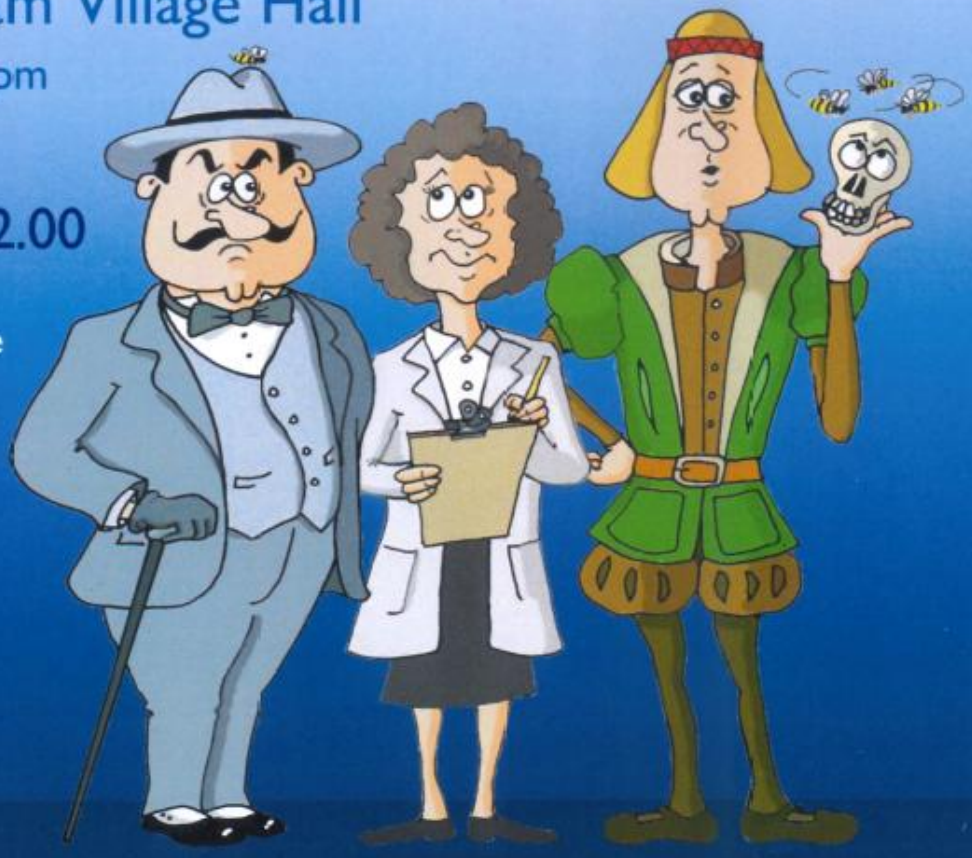
12th, 13th & 14th November 2026

Much Hadham Village Hall

Doors open 7.00pm
for 7.30pm

TICKETS: £12.00

Available from:
Ticket Source or the
Box Office on
01279 842742



Anger Management
by Robert Scott Directed by Juliet Richards

The Wasps Nest
By Agatha Christie Directed by Granville Rush

Ruby of Elsinore
By Bruce Kane Directed by Ralph Camp

NODA
For every stage

muchhadhamdramagroup@gmail.com

MUCH HADHAM
PRE-SCHOOL



Christmas Wreath Workshop

Thursday 3rd December

7.30pm—10.30pm

Tickets £45 including refreshments

SPACES ARE LIMITED SO BOOK EARLY BY EMAILING
MUCHHADHAMPRESCHOOL@YAHOO.CO.UK

Join us for a festive evening with nibbles and wine.

Plus there will be a raffle to win a beautiful fresh Christmas wreath or a Christmas hamper.

Much Hadham Preschool, Oudle Lane Much Hadham Herts SG10 6DQ


BISHOP'S STORTFORD FC
ONE CLUB.
ONE COMMUNITY.
Where girls belong and can shine!
PLAY
LEARN
MAKE FRIENDS
HAVE FUN
GIRLS FOOTBALL TOO!
NEW PLAYERS WELCOME!
GIRLS FOOTBALL
JOIN TODAY!
MAKE FRIENDS
BUILD CONFIDENCE
AGE GROUP
U8
YEAR 3
LEARN NEW SKILLS
HAVE FUN AND BE ACTIVE
GET IN TOUCH!
EMAIL:
hugo.vasconcelos@bscfc.co.uk
FOLLOW US: @bscfcyouth
BE PART OF SOMETHING SPECIAL!


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BE PART OF SOMETHING SPECIAL!

External Support and Workshops

Hertfordshire Partnership NHS
University NHS Foundation Trust

MHST
Herts & West Essex Mental Health Support Teams

East Herts Mental Health Support Team



Online Delivery Programme

Supporting Families, Building Resilience

Parents & Carers of Children Aged 4 - 11

Group Work

- Helping your child with fears & worries
- Behaviours that challenge
- Helping your neurodiverse child with fears and worries

Workshops

- Anxiety
- Low Mood
- Understanding behaviour
- Moving on
- Supporting your child with self harming behaviour
- Anxiety or neurodiversity?

Scan to book your place

1. Open your phone camera
2. Scan the QR code
3. Follow the link to book your place

Click here to book!

Quick, easy and secure booking!

Our Values: Welcoming, Kind, Positive, Respectful, Professional

www.hert.nhs.uk

Our Values
Welcoming Kind Positive Respectful Professional

as one
Working together for a healthier, happier future

Hertfordshire Partnership NHS
University NHS Foundation Trust

Youth Mental Health First Aid Training

FREE

MHFA England

1 day Champion course designed specifically for Hertfordshire Parent/Carers of 8 to 18 year olds.

You will learn:

- An understanding of common mental health issues and how they can affect young people
- The ability to spot the signs of mental ill health in young people, and guide them to a place of support
- Knowledge and confidence to advocate for mental health awareness
- Skills to support positive wellbeing

Friday 13 Nov 2026 9.30am to 4pm	Peartree Spring Primary School, Stevenage, SG2 9GG	**Parents/Carers**	Parking available on roads near venue
Friday 12 Mar 2027 9.30am to 4pm	Hobbs Hill Wood Primary School, Hemel Hempstead, HP3 8ER	**Parents/Carers**	Parking available on site

To book your place please email schoolsmh@hertfordshire.gov.uk

Places are limited to two representatives per education setting

Helping Your Child with Fears and Worries

- Parent Group



This guided parent-**delivered** programme teaches parents cognitive behavioural strategies to help their child overcome anxiety through the **accompanying book**

5 two-hour online sessions over 6 weeks

WHO IS IT AIMED AT?

The programme is intended for **parents** of **children aged 5 to 12**



EVIDENCE BASE

Those who receive the programme are **twice as likely** to recover from their main anxiety problem and **three times more likely** to be free of all anxiety diagnoses than those who receive no treatment (Thirlwall et al, 2013)

How to Join

https://forms.office.com/e/eUUHqe9v32

MHST
Hertfordshire & Essex
Mental Health Support Teams

Hertfordshire Partnership
University NHS Foundation Trust

NHS

Delivering Special Provision Locally

Autumn 1 Newsletter for Parents/Carers

DSPL3 Website and Facebook page

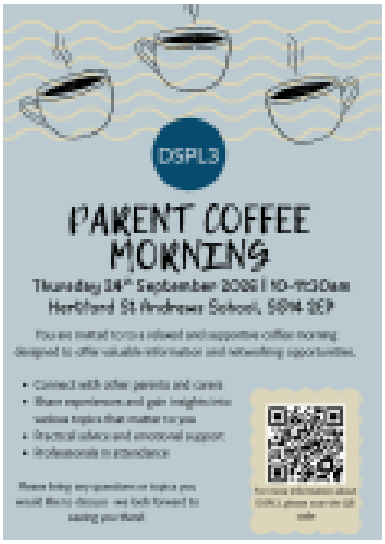
- The DSPL3 Website and Facebook page are now live.
- Please click here to view the website
- Please click here to view the Facebook page

Workshops, Courses and Training

Please click here to view workshops, courses and training available for this academic year.

DSPL3 SEND Coffee Mornings

- **24th September 2026 10-11:30am**—Hertford St Andrews School, SG14 2EP
- **24th November 2026 10-11:30am**—Mandeville School, Sawbridgeworth, CM21 0BL
- **19th January 2027 10-11:30am**—Watton-on-Stone School, SG14 3SG
- **11th March 2027 10-11:30am**—Christ Church School, Ware, SG12 7BT
- **27th April 2027 10-11:30am**—Hillmead School, Bishops Stortford, CM23 4PW
- **17th June 2027 10-11:30am**—Freman College, Buntingford, SG9 9BT



Families in Focus Training

- Families in Focus is offering a free online course for Hertfordshire parents of children aged 4–11 with Autism and/or ADHD, including those on assessment pathways.
- This supportive six-week course helps parents understand how Autism, ADHD and sensory differences can affect emotions and behaviour, explore what happens in a child's brain during anger, and learn practical, evidence-based strategies to support emotional regulation, reduce stress and de-escalate big emotions.
- The course also provides an opportunity to connect with other parents in a supportive environment.
- Sessions run on Wednesdays from 9 September to 14 October 2026, with a choice of either 9.30–11.30am or 6.30–8.30pm. To book a place, email **bookings@familiesinfocus.co.uk**.

Journeys Academy

- **Journeys Academy**, a brand new purpose-built specialist setting which will offer 60 places to primary-aged children with complex communication and autism needs, is due to open in **Autumn 2026**. The purpose-built setting will offer modern classrooms and specialist facilities, including sensory spaces, calm rooms and outdoor learning areas, all designed to support independence, wellbeing and engagement in learning.
- Places will be allocated through the Hertfordshire County Council SEND panel process for children who meet the admissions criteria.

DSPL3

Delivering Special Provision Locally (DSPL)
Bishop's Stortford, Sawbridgeworth, Buntingford, Watton-at-Stone, Hertford, and Ware

DSPL 3 Area Manager: Katie Algate
dspl3manager@amwell.herts.sch.uk

DSPL3 SEND Lead: Lisa Lee
dspl3sendlead@amwell.herts.sch.uk

DSPL3 Admin
dspl3admin@amwell.herts.sch.uk

Lead School:
Amwell View School & Specialist Sports College

Website:
dspl3.org.uk

Facebook: DSPL3

Useful Links:
The Hertfordshire SEND Local Offer

SENDIASS Hertfordshire

IPSEA (Independent Provider of Special Education Advice)

SOS SEN

Herts Parent Carer Involvement

EHCP Support

Children and Young People's Speech & Language Therapy Service
Advice line for parents:
01923 470 680, choose option 3, then option 1 and leave a message.



Sign up to our 6-week online group

Are you a dad and feel like you are constantly nagging at your child to get what you need?

The sessions will cover:

- Exploring what helpful discipline is.
- Recognising the triggers and responding more effectively.
- Learning new parenting tools to challenge children's behaviour
- How to negotiate and implement effective boundaries and family agreements
- How to hold boundaries and gain co-operation

Wednesday 4th November to 9th December 2026

7.00pm to 9.00pm

Online via MS Teams

To book your place, call **Lesley** on **0204 522 8701**, email **services@coramfamilylives.org.uk** or scan our QR code to use our online referral form

Scan Me!

We build better family lives together

www.coramfamilylives.org.uk

@coramfamilyLivesHertsandBeds

Funded by Hertfordshire County Council

Hertfordshire

Coram Family Lives is registered as a company limited by guarantee in England and Wales No. 3817762. Registered charity No.1077722. Registered address: Coram Family Lives, Coram Campus, 41 Brunswick Square, London, WC1N 1AZ



Anxiety around ADHD Workshop - Wednesday 21 October, 9.30am to 11.30am

This workshop helps parents/carers understand what ADHD is, why it makes sense for a child to be anxious if they have ADHD, strategies to help support you and your child, plus signposting to other support that is available.

Sibling Rivalry Workshop - Monday 9 November, 9.30am to 11.30am

This workshop provides parents/carers with practical strategies and tools to effectively foster positive sibling relationships, promote cooperation and manage conflicts between children.

Reducing Conflict Workshop - Wednesday 25 November, 7pm to 9pm

This workshop is for parents/carers struggling with conflict within their family life and provides tools to promote a cooperative and collaborative approach to resolving the conflict.

It's a Dad's Life Workshop - Thursday 26 November, 7pm to 9pm

This workshop empower fathers with the knowledge and skills to develop deep connections with their children, enhancing their parenting journey.

Navigating the Storm (Teens) Workshop - Wednesday 2 December, 9.30am to 11.30am

This workshop is designed to support parents of pre-teens and teenagers facing challenging behaviours. It aims to equip parents with effective strategies and tools to manage the complexities of raising adolescents, fostering a positive parent-teen relationship

The two-hour workshops will be online via MS TEAMS

All our programmes provide support, information and resources to parents, carers and adult family members in Hertfordshire so they can help their children reach their full potential. For more info, please contact **Louise** on **0204 522 8700/8701** or email **services@coramfamilylives.org.uk** or scan the QR code for our online form.

SCAN ME

We build better family lives together

www.coramfamilylives.org.uk

@coramfamilyliveshertsandbeds

Funded by Hertfordshire County Council

Hertfordshire

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