Peace



Ways to bring peace to ourselves and others:

Stillness – take time to be still, quiet and present

Noticing – notice your surroundings

Dwelling – consider a bible quote or other inspirational words of wisdom

Mending – forgive yourself or others who have wronged you

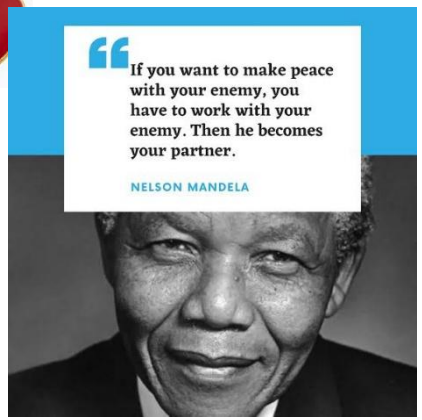
Blessing – bring peace and joy to those around you

Bringing Peace to ourselves and others helps us to 'Life in All Its Fullness'.





Matthew 5:9 'God blesses those who make peace. They will be called his children.'



What is peace?

What does it mean in the world and to you?

What does peace mean for countries and people living there?

Why do we remember those who have fought and are fighting for peace?

What does peace mean to Christians?

How can we foster peace in our lives and for others?