

Grit, Don't Quit!

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand"(Isaiah 4:1-12).

- What does it mean to show perseverance?
- What makes persevering hard?
- Who helps us?
- Why do Christians turn to God in times of difficulty?
- Can having positive thoughts make us more resilient?
- Can anything good come out of finding something hard?

When we show perseverance, resilience and grit, we are able to live 'Life in All Its Fullness'.

